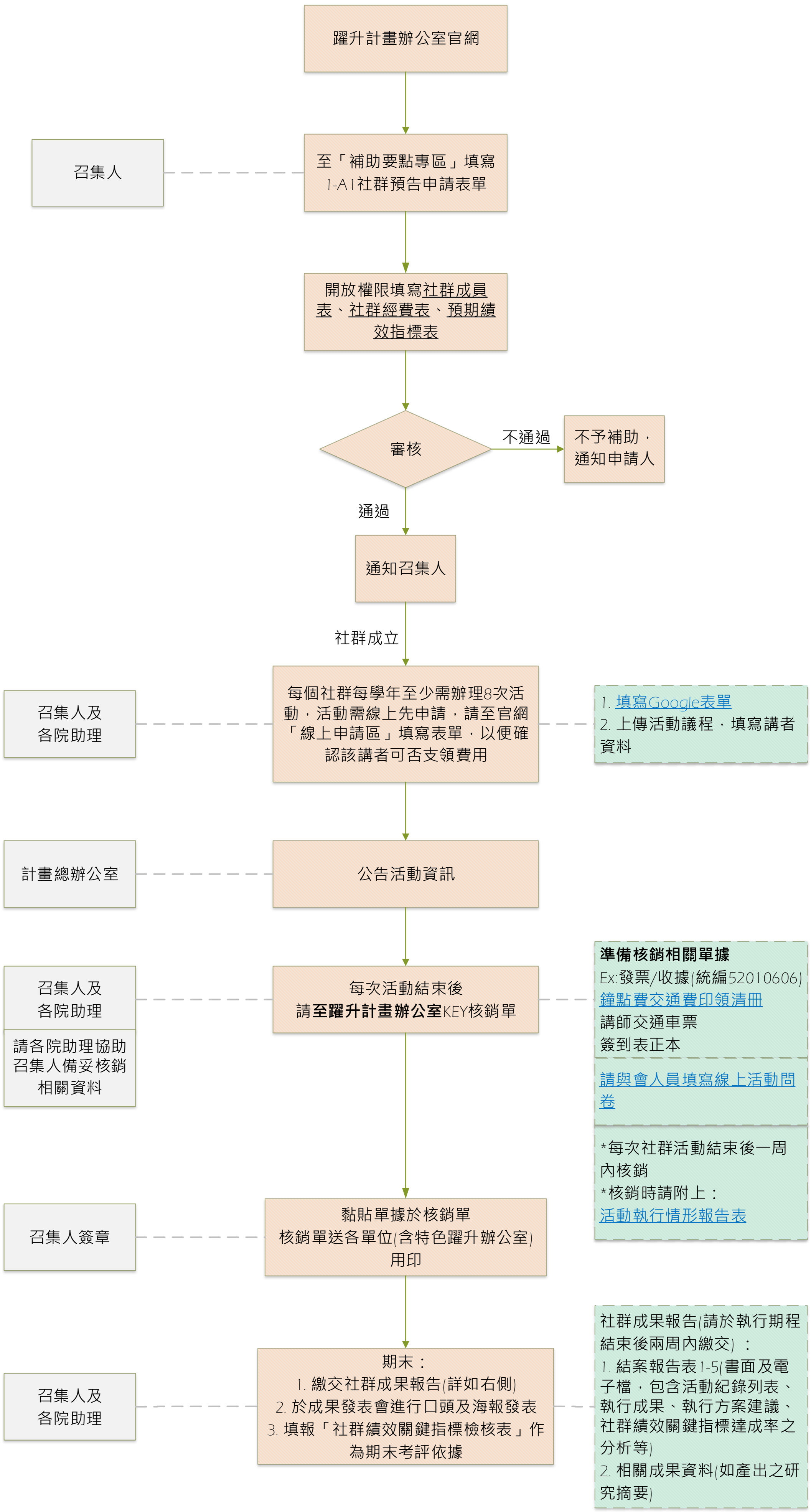「特色躍升計畫教師研究成長社群」補助申請流程